

Examination of Conscience

Have I listened to the voice of God? How can I better converse with God in prayer? How can I worship God more faithfully in communal liturgy?

Do I pray daily?

Do I receive the sacraments regularly?

Do I keep Sundays and holy days sacred?

Do I fulfill my commitments as a member of my Faith Community?

What is my attitude toward the sacrament of reconciliation?

Have I tried to grow in the life of the Spirit through prayer and the reading of the Word of God?

Do I trust God's goodness and providence, even in times of crisis and doubt?

In my daily living do I listen to the voice of God?

Do I respect my own body as a gift from God?

Do I control my vices, including abuses of food and drink?

Have I made good use of the gifts God has given me?

Do I work too hard and too long?

Do I neglect my family and my health?

Have I been lazy and given too much time to leisure or entertainment?

Have I listened to the voice of God when it comes to my relationships with others?

In my household, have I contributed to the well-being and happiness of the rest of my family? Am I patient? Am I loving?

Do I treat my parents with respect?

Am I ever angry with those I love?

Have I been faithful in my relationships?

Have I imposed my will on others without respecting their freedom and rights?

Am I intolerant of others' ideas or needs?

Have I perpetuated racism, sexism, prejudices and stereotypes?

Do I treat people with disabilities with respect?

Have I listened to the voice of God and brought God's love to the world?

Do I share my time and my treasure with others in need?

Do I fail to speak out on behalf of the poor or the oppressed?

Have I accepted suffering as a share in the suffering of Christ?

Have I indulged in reading, conversation or entertainment that is contrary to Christian Decency and respect for human life?

Do I use the earth's resources wisely?

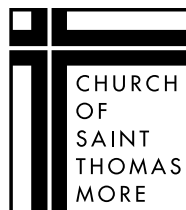
Do I purchase a lot of material goods that I don't really need?

Have I listened to the voice of God? Where is God leading me?

Am I ever afraid to act in a Christian manner, afraid of what others might think?

Is the hope of eternal life my inspiration for all I do?

Do I sincerely want to be set free from sin, turn again to God, and resolve to begin again?



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